

## Exploring the expectations, needs and concerns of people with rheumatoid arthritis commencing methotrexate

### Research theme



Inflammatory arthritis

### Aim

Incorporate the perspectives of people with lived experience of rheumatoid arthritis (RA) in research aimed at developing recommendations for clinical practice

### Involvement included

- Public contributors assisted at all stages of the research process including reviewing the purpose of the study and study design.
- Interview topic guides were reviewed and amended including amendments to types of care delivery (i.e. telephone/video/in person), the importance of having a friend, relative or carer present at appointments.



2 public contributors involved

### Best practice

- Online meetings were beneficial to those who were feeling unwell due to the impact of RA.
- Using PowerPoint presentations to support discussions was beneficial to the public contributors.

### Impact of PPIE

- Several aspects of the interview topic guides for the study were modified in light of PPIE input.
- PPIE input ensured that the study reflected service user perspective and real-life experiences of rheumatology service provision.
- They advised on the importance of researchers explaining they are experienced rheumatology nurses to improve trust and confidence.
- PPIE partners informed infographic report disseminated to participants, publications and conference presentations.

### Methods



Online meetings



Phone